

## Riverside Trauma Center

Riverside Trauma Center, a service of Riverside Community Care, helps people recover from the overwhelming stress caused by traumatic events by providing community outreach, consultation, and counseling. Traumatic events include natural disasters, serious accidents, suicides, homicides, and terrorism. We also educate communities and organizations about suicide prevention, psychological trauma, and the emotional needs of returning veterans. Riverside Trauma Center serves communities, schools, health and human services providers, organizations, government agencies, workplaces, and individuals.

Over the years, we have achieved a well-earned national reputation for excellence. Our highly trained, licensed mental health professionals have expertise in managing acute trauma, sudden or violent death, traumatic grief, and other extremely stressful events.



## About Riverside Community Care

Each year Riverside Community Care provides more than 40,000 adults, children, and adolescents with a broad range of behavioral healthcare and human services. We are an award-winning, non-profit organization offering mental healthcare, developmental and brain injury services, youth and early childhood programs, addiction treatment, trauma response, and more. We are here to make a difference in the lives of individuals, families, and communities by delivering compassionate, locally-based, integrated care.

## Contact Us

To request a critical incident response to support your organization, call 781-433-0672, press 2, and you will be connected to a Trauma Center manager. For information about Trauma Center services or to leave a message for a staff member, call 781-433-0672 and press 1.

Riverside Trauma Center services are funded through the Massachusetts Department of Mental Health, the Massachusetts Department of Public Health, donations, and grants. All contributions are welcome and appreciated. Some services may require a fee.

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## Riverside Trauma Center®

A SERVICE OF RIVERSIDE COMMUNITY CARE

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[www.riversidecc.org](http://www.riversidecc.org)

rev. 2024.3

# RIVERSIDE TRAUMA CENTER

Promoting Emotional Recovery  
After Trauma and Loss



## Riverside Community Care

Leading the Way in Behavioral Healthcare & Human Services



## Immediate Response to Traumatic Events

Reactions to traumatic events vary widely, but can include extreme shock, fear, helplessness, and physical symptoms. We respond on-site after traumatic events with support and referrals, and help people identify healthy coping strategies. Our suicide prevention and postvention services offer support, consultation, and screening after a death and help communities work proactively toward prevention. We have provided emergency response and crisis management in these types of situations:

- Schools where students have died by suicide, homicide, medical causes, or accidental causes
- Communities affected by tornadoes, floods, or other natural disasters
- Violence in a school, workplace, or community

*"Your community presentation and ongoing guidance after a tragedy impacted our schools and community, proved very useful. Thanks for your excellent and invaluable work with our system."*

**S. M., School Superintendent**

## Education & Trainings

We offer a variety of trainings for clinical professionals, educators, and a wide range of non-professionals, which can be tailored for any agency or group:

- Suicide Assessment and Intervention Training for Mental Health Professionals\*
- SOS for School Staff: Live Gatekeeper Training – Suicide Prevention for School Staff\*\*
- Responding to Grief and Sudden Loss in Schools and Communities
- Psychological First Aid & Post Traumatic Stress Management
- Understanding Trauma and Trauma-Informed Care
- The Toll of Working with Trauma: Understanding Self-Care as an Ethical Imperative
- Postvention: Responding to Schools, Workplaces, and Communities Following Suicide
- Fostering Resilience: Understanding Stress in the Mind & Body

\* Approved in 2015 by the SPRC Best Practices Registry for Suicide Prevention.

\*\* Designed to meet the criteria of Massachusetts Law Chapter 284.

## Massachusetts Trauma Response Network

Riverside coordinates the Massachusetts Trauma Response Network, which responds to disasters and traumatic events. We partner with the following agencies to help people and communities after critical incidents.

AREA	AGENCY
Central MA/ Framingham	<i>Advocates</i>
South of Boston, South Shore & Southeastern MA	<i>Aspire Health Alliance</i>
Western MA/ Springfield Area	<i>Behavioral Health Network, Inc. (BHN)</i>
Southwestern MA (Bristol County)	<i>Community Counseling of Bristol County</i>
Northwest of Boston (Merrimack Valley)	<i>Family Services of Merrimack Valley</i>
North Central MA/ Worcester Area	<i>LUK, inc.</i>
Worcester, Blackstone Valley (Worcester County)	<i>Open Sky Community Services</i>
Pittsfield/ Berkshires (Berkshire Country)	<i>The Brien Center</i>