

RIVERSIDE OUTPATIENT CENTER AT CAMBRIDGE

ANSWERS AND INFORMATION

We're Here – and Ready to Work with You!

In partnership with Lesley University, the Riverside Community Care Outpatient Center at Cambridge is available to provide behavioral healthcare to the Lesley community. Although we are two different organizations, Riverside works alongside the Counseling Center to serve Lesley students, and we can also see faculty, staff, family members, alumni, and residents of the surrounding community. We prepared this list of questions and answers to help you understand how we work and how you can get the care you need.

What is the difference between the Lesley Counseling Center and the Riverside Outpatient Center?

You must be a Lesley student to visit the Lesley Counseling Center and care is covered by the university. Generally, you visit the Lesley Counseling Center for a shorter duration of treatment, although cases vary.

At the Riverside Outpatient Center, we see Lesley community members for longer or shorter periods of time as needed for a wide range of conditions – right on campus. Care at the Riverside Outpatient Center is not covered by Lesley but billed through your insurance or by direct payment. The Riverside Center also serves non-student residents of the community.

How quickly can you see me?

We can generally see members of the Lesley community within a week. Wait times may vary for those outside Lesley, but our goal is to meet the needs of every individual with a timely appointment. Any student with an urgent concern that cannot wait until normal business hours can call Riverside at 857-331-6331, and then press 9 for a 24/7 live emergency response.

What kinds of mental health conditions does Riverside help with?

We treat all kinds of conditions – anxiety and depression, ADD/ADHD, substance use, disabilities and learning differences, bipolar disorder, grief, trauma, suicide risk, and gender or sexual orientation or LGBTQIA+ needs, to name just some.

Do I need a referral from the Lesley Counseling Center or the Lesley Student Health Center to go to the Riverside Center?

No. Although students can be referred to Riverside through Lesley's counseling or health services, anyone can also call the Riverside Outpatient Center directly.

How do I make an appointment?

Just call our office at 857-331-6331. We'll get some basic information about you, and we'll schedule your first visit.

What insurance does Riverside accept?

We accept most major forms of insurance. Call us if you'd like to check yours. Students who lack insurance coverage may still receive care through the generous support of Lesley University.

Does Riverside prescribe medication?

Once you are working with a Riverside clinician, we can refer you to our prescriber for psychiatric medications. You can fill your prescription at your local pharmacy.

Is my information kept confidential at Riverside?

Absolutely! You must give permission for us to share your information with anyone else. (Exceptions may apply when there is a safety concern.) You can talk to the program director at 857-331-6331 for more information.

Riverside Community Care

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Contact Us!

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