## YOUTH COMMUNITY CRISIS STABILIZATION PROGRAM AT THE HOME *for* LITTLE WANDERERS

# Stabilizing and Strengthening Youth in Crisis

In partnership with Riverside Community Care, The Home's Youth Community Crisis Stabilization (YCCS) Program is a new, shortterm service for youth ages 13-18 who have experienced a mental health crisis and require a high level of care. Designed as a less-restrictive alternative to an inpatient facility—with



many of the same services—the YCCS Program's robust offerings include nursing oversight, medication management, clinical interventions for individuals, groups and families, and access to therapeutic programming. We offer staff-secure care with a high level of supervision and structure in a comfortable, youth- and family-friendly setting that is conducive to recovery. Our goal is to help youth restore functioning, strengthen their resources and capacities, and ensure a timely, successful return to their communities.

#### THE NEED



Due to the nationwide mental health crisis, there are more youth in need of inpatient, short-term clinical care than there are available beds. Young people who have been hospitalized for acute mental health issues are boarding in emergency departments for weeks or being discharged and sent home for services.

#### **OUR IMPACT**



Children experiencing a mental health emergency shouldn't have to wait to receive stabilization services and specialized programming. Now mobile crisis teams and ERs can refer children to the YCCS for specialized treatment and interventions and immediate access to psychiatric care and therapy.

## **About YCCS**

Located at The Home in Walpole, the Youth Community Crisis Stabilization Program is a 24-hour diversionary service operated by The Home and contracted by Riverside Community Care. The YCCS serves 15 adolescents of all genders, ages 13 to 18 years, referred by mobile crisis teams and emergency rooms for short-term care. Please fax referrals to **781-468-7830**. We offer therapeutic programming seven days a week, including weekends and holidays, with admissions accepted 24 hours a day, 365 days per year. All insurances accepted.





## **Riverside Community Care**

Leading the Way in Behavioral Healthcare & Human Services

Immediate, comprehensive care and therapeutic support for youth experiencing a mental health emergency.

### **HOW WE HELP**

We offer a warm, welcoming setting and collaborate with existing and/or newly established treatment providers to offer the following services...

- Intensive therapeutic milieu
- 24/7 nursing care
- Comprehensive assessment
- Pharmacological evaluation and treatment
- Daily access to clinicians
- Treatment planning
- 🛡 Safety planning
- Daily clinical and recreational groups
- Discharge and aftercare planning, including referrals for therapy and community resources



Clinical, Wellness and Recreational Groups include: Dialectical Behavioral Therapy • Cognitive Behavioral Therapy • Motivational Intervention for Substance Use • Art Therapy Mindfulness Nutrition • Yoga

### WHO WE ARE

The YCCS team is comprised of professionals who specialize in working with children and youth with mental health challenges, including:

- The Program Director
- 🛡 A Prescriber
- Registered Nurses
- Licensed Practical Nurses

- Licensed Clinicians
- Mental Health Technicians
- Family Support Staff
- Young Adult Peer Mentors

Because of our partnership with Riverside Community Care, staff at the YCCS Program at The Home are able to provide appointments with community providers upon discharge—without a long waitlist.

## **Interested in Learning More?**

Call us at 508-734-1845 or visit www.thehome.org/programs/yccs. For information on Riverside's Youth Mobile Crisis Intervention teams, visit riversidecc.org/child-family-services/emergency-services/ or call 800-294-4665 (Milford and surrounding area) or 800-529-5077 (Norwood and surrounding area).

About The Home *for* Little Wanderers For over 200 years, The Home for Little Wanderers has helped build stable lives and hopeful tomorrows for children and their families. Our 30+ communitybased and residential programs serve thousands of youth, from birth to age 26, who are in at-risk circumstances. Many of these children have experienced abuse, neglect, trauma or a disrupted family life. As the oldest child welfare agency in America, we provide them with safe surroundings, permanent loving relationships and a secure path toward a better, brighter future.