# RIVERSIDE EARLY INTERVENTION Cambridge & Somerville



# Are you worried about your young child's development? We are here to help.

At Riverside Early Intervention in Cambridge and Somerville, we support families with children from birth to age three. We know that families are the most important people in their child's development and understand their child better than anyone else. That's why we partner with families to identify the child's strengths and challenges. Together, we develop a plan to address the child's needs, building on family culture, routines, and preferences.

Our dedicated and experienced staff includes: developmental specialists, speech therapists, nurses, occupational therapists, physical therapists, and mental health professionals.

We offer:

Developmental Assessments Individualized Visits

- In your home, neighborhood, or in our offices
- With your child's caregiver or child care provider

#### Groups

- Parent support groups
- Parent child playgroups including:
  - Infant massage
  - Rainbow dance
  - Feeding
  - Complex medical needs

# Serving families in Cambridge and Somerville for over 40 years

Families may receive services if their infant or toddler:

- Is slow to crawl, sit, walk, or talk
- Has difficulty regulating their sleep, emotions, or behavior
- Has difficulty connecting with adults or other children
- Has been diagnosed with a medical condition that may result in a developmental delay
- Has feeding, vision, or hearing issues
- Was born prematurely

#### Or

• If the family is experiencing substance use, domestic violence, homelessness, parental mental illness, or significant stress

We speak Spanish and Portuguese and hire interpreters when needed.

## There are no out-of-pocket costs to families.

Early Intervention services are paid for by private health insurance, MassHealth, and the Massachusetts Department of Public Health.

### To make a referral or for more information, please call 617-702-5755 or email cambsomeireferrals@riversidecc.org.

**Riverside Early Intervention Cambridge & Somerville** 12 Tyler Street • Somerville, MA 02143 617-629-3919 • 617-629-4644 Fax



United Way of Massachusetts Bay and Merrimack Valley

**Riverside Community Care** 

FORMERLY THE GUIDANCE CENTER www.riversidecc.org