

# Riverside Community Care

Leading the Way in Behavioral Healthcare & Human Services

## Intensive Care Services "Turn on the Light"



When a young boy was having trouble coping with his emotions and behaviors, Riverside's Intensive Care Services in Somerville helped his mom understand the resources available and find services to improve his well-being and avoid future hospitalizations. Watch the inspiring story of one mom's journey to find the support her son needed.

[Watch now](#)

## Lifetime Achievement Award for CEO Marsha Medalie



Riverside CEO Marsha Medalie received a well-deserved Lifetime Achievement Award at NatCon24, the National Council for Mental Wellbeing conference held earlier this April – the largest industry event in the field of substance use and mental health.

[Read more](#)

## May 16 Webinar: Tips for Getting Unstuck



Join us on Thursday, May 16, at 1:00pm for this Mental Health Awareness Month webinar with Rebecca Ames, Senior Clinical Manager at MindWise Innovations and a trained yoga and meditation instructor. Learn about the latest research on resilience and hope when we find ourselves stuck and burned out.

[Register here](#)

## Sweeping Away Stigma



Members of Neponset River House – a Riverside Clubhouse – will once again wield brooms and dustpans in a symbolic act to sweep away the stigma of mental illness. Come hear speakers, enjoy live music, and join us at the Norwood Common on Thursday, May 16, from 3:00 to 5:30pm.

[Learn more](#)

## The Riverside Gala - A Smashing Success!

The sold-out 2024 Riverside Gala surpassed expectations! Thanks to generous supporters, our



largest fundraising event of the year was enjoyed by all and raised over \$275,000 for child mental health and family services in Somerville, Cambridge, and surrounding cities and towns. [See the photos on Riverside's Facebook page.](#)

## Join us at NAMIWalks on May 18



NAMIWalks, the largest fundraiser for the National Alliance on Mental Illness, will step off on Saturday, May 18, from Boston Common. We invite Riverside supporters and family members to join our team.

[Register here](#)

*Riverside Community Care makes a difference in the lives of individuals, families, and communities through innovative and compassionate behavioral healthcare and human services. A community-based non-profit organization, Riverside offers a wide range of mental healthcare, developmental and brain injury services, early childhood and youth programs, addiction treatment, trauma response, and more. And we're now reaching a global audience with evidence-based mental health and substance use services that include educational programs, training, consulting, and crisis response for schools, organizations, and mental health professionals.*